

Detailed Itinerary

Trip Name: [9 days] Ethical Kilimanjaro Climb (Machame Route)

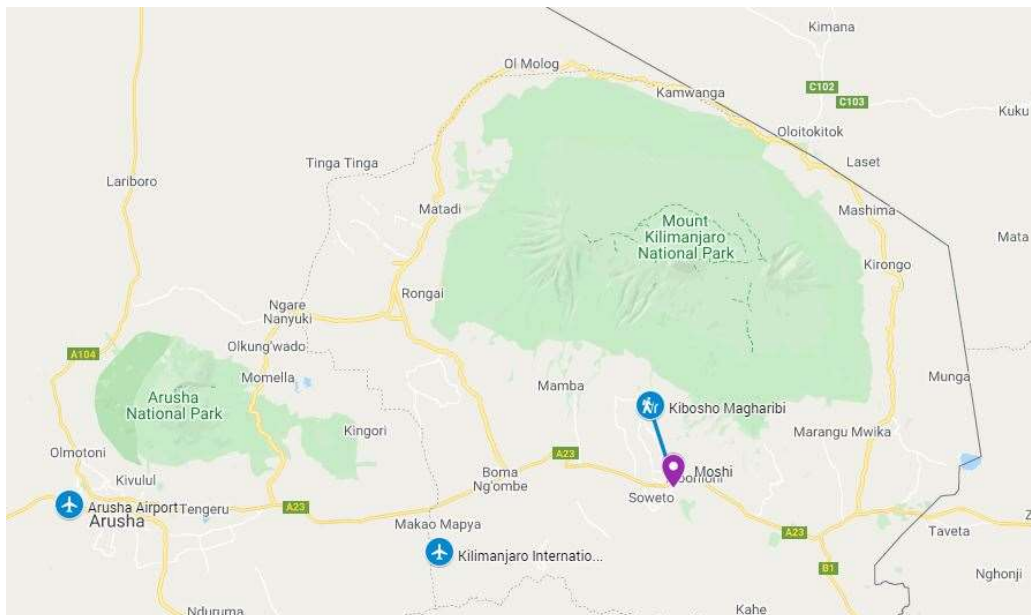
GENERAL

Dates: Variable. Contact Yugen Earthside for your preferred start date.

During this trip, you'll participate in climbing and summiting Mount Kilimanjaro in Tanzania, via the popular Machame ("Whiskey") Route.

Main Stops:

Moshi – Kibosho Magharibi (near Machame Route trailhead) – Kilimanjaro National Park



About the Tour:

Our focus is organizing tours which are responsible and ethical to all responsible travelers in the world. We offer ethical climbs and safaris to all responsible travelers. Our dream is to satisfy our guests by providing an unforgettable adventurous experience with us. We participate in community development, cultural tourism, and conservation projects, and aspire to support the cultural ethics of our community while simultaneously assisting the community to embrace change. We share the profit with our community by supporting local projects, carbon offset our climbs, and provide health insurance for a child in Moshi (on map in purple) for one year for each client who books with us. In addition, we donate money to planting trees in Moshi.

DAY BY DAY ITINERARY



Day 1: ARRIVE AT KILIMANJARO AIRPORT (arrival day)

Arrive at the Kilimanjaro International Airport. You will be met by our guide at the airport and transferred to the hotel in Moshi.

Accommodation: Panama Garden Resort

Room plan: Double Occupancy

Day 2: MOSHI-MACHAME CAMP

A one-hour drive from Moshi lays the gate to the Machame Route, where you will complete park formalities, meet your crew of porters and start to climb!

The first section of the route climbs steadily and involves real jungle bashing through magnificent forest.

This path is less well trodden and is often wet and muddy underfoot.

- **Trekking Time:** 4-6 hours
- **Distance:** 9 km
- **Altitude Gain:** 1210 m.

Accommodation: Camping at Machame Hut (3100m)

Room plan: Double Occupancy (2 people will share 1 tent)

Included Meals: Breakfast, Lunch, and Dinner



Day 3: MACHAME HUT – SHIRA CAVES

The route continues on up through the forest until reaching the steep ascent on the Shira Plateau, where there are rewarding views of the mountain. Looking back, you will be able to see Mt. Meru rising high above Arusha town.

- **Trekking Time:** 4-6 hours
- **Distance:** 5 km
- **Altitude Gain:** 740 m.

Accommodation: Camping at Shira Caves (3840 m)

Room plan: Double Occupancy (2 people will share 1 tent)

Included Meals: Breakfast, Lunch, and Dinner

Day 4: SHIRA CAVES - BARRANCO CAMP

Walking now on high moorland, the landscape changes the entire character of the trek. You will traverse the southwest side of Kilimanjaro, passing underneath the Lava Tower and the final section of the Western Breach, finally reaching Barranco Camp (3900 m). The day has been spent at altitude (up to 4600 m), but you will have followed the mountaineering code of 'walk high, sleep low' to avoid altitude sickness by aiding your bodies in acclimatization.

- **Trekking Time:** 6 – 7 hours
- **Distance:** 10 km
- **Altitude Gain:** 60 m.

Accommodation: Barranco Camp

Room plan: Double Occupancy (2 people will share 1 tent)

Included Meals: Breakfast, Lunch, and Dinner



Day 5: BARRANCO CAMP - KARANGA VALLEY

Start the day by descending into the start of the Great Barranco, a huge ravine. Then exit steeply, up what has been termed the Breakfast Wall, which divides you from the southeastern slopes of Kibo. It is a climb over rocks, although not technical. Passing underneath the Heim and Kersten glaciers, head towards the Karanga Valley (4000 m) for overnight.

- **Trekking Time:** 4-5 hours
- **Distance:** 5 km
- **Altitude Gain:** 100 m.

Accommodation: Karanga Valley

Room plan: Double Occupancy (2 people will share 1 tent)

Included Meals: Breakfast, Lunch, and Dinner

Day 6: KARANGA VALLEY - BARAFU CAMP

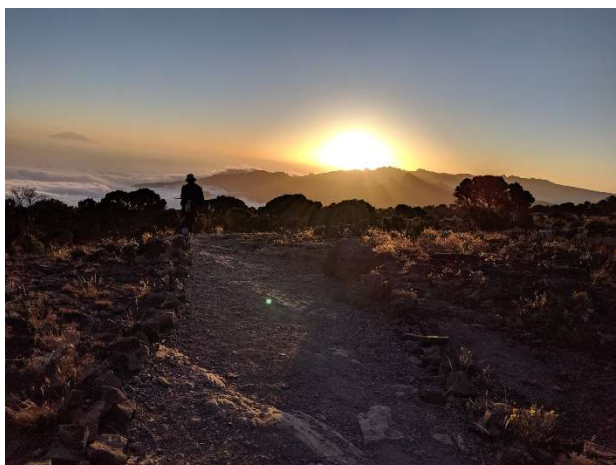
The day is characterized by a short hike on terrain formed by scree. Walk through arid land towards Barafu Camp (4600 m) where you have the entire afternoon to rest before ascending towards the summit.

- **Trekking Time:** 2-4 hours
- **Distance:** 4 km
- **Altitude Gain:** 600 m.

Accommodation: Barafu Camp

Room plan: Double Occupancy (2 people will share 1 tent)

Included Meals: Breakfast, Lunch, and Dinner



Day 7: BARAFU CAMP - UHURU PEAK – MILLENNIUM CAMP

We avoid walking too long in the heat of the sun today by starting around midnight, walking steeply upwards to the summit glaciers. You will be climbing scree for 5 to 6 hours, but you gain incredible height over a short distance. The views are spectacular. You should be on the crater rim at Stella Point (5750 m) as the first rays of the sun emerge. Spectacular ice cliffs within the crater surround you and the views to Mawenzi peak and beyond are breathtaking. Another hour's walk takes you to your goal, the summit of Uhuru (5896 m), the highest point. Uhuru means freedom in Swahili.

- **Trekking Time:** 6-8 hours
- **Distance:** 7 km
- **Altitude Gain:** 1296 m.

After a quick celebration and photos at the top, you will begin the descent by returning to Stella Point and then descending on scree slope back to Barafu Camp for breakfast and a short rest before finally heading down to Millennium Camp (3000 m) for a well-earned rest. On the descent, you will have fabulous views of the plains and Mawenzi peak.

- **Trekking Time:** 6-8 hours
- **Distance:** 12 km
- **Altitude Loss:** 289m.

Accommodation: Millennium Camp

Room plan: Double Occupancy (2 people will share 1 tent)

Included Meals: Breakfast, Lunch, and Dinner



Day 8: MILLENNIUM CAMP – MOSHI

A gentle trek takes you down through the rainforest to the Mweka Gate (1640 m), where park formalities will be completed, you will be met by our vehicles, and receive your certificate of ascent courtesy of the Kilimanjaro National Park Authority. Thereafter, drive back to Moshi where you can treat yourself to a well-earned shower and a cold beer or two.

- **Trekking Time:** 4-5 hours
- **Distance:** 10 km
- **Altitude Loss:** 1360m.

Accommodation: Panama Garden Resort

Room plan: Double Occupancy

Included Meals: Breakfast and Lunch

Day 9: DEPARTURE DAY IN TANZANIA (departure day)

We will transfer you from the hotel to Kilimanjaro International Airport (JRO) where you will fly back home. If you have more time you can extend your tour to do a wildlife safari in the northern circuit to Serengeti and Ngorongoro, or Zanzibar. Adding a safari requires an additional cost.

Included Meal: Breakfast

INCLUSIONS

- **Accommodation:**
 - 2 nights in a hotel in Moshi on a bed & breakfast basis with Double Occupancy (1 night before trekking & 1 night after trekking).
 - Hotel accommodation includes storage facilities for excess luggage during hikes.
- **Meals:**
 - 8 breakfasts, 7 lunches, 6 dinners.
 - 3 full meals daily during the climb. We provide plentiful, fresh food on the mountain and it's well prepared by skilled professional chefs who join us on the trek. We also consider your choice of food that you would prefer (vegetarian and non-vegetarian). Menu is especially designed for climbers.
 - 3-4 liters of mineral water (per climber) provided daily during the climb.
 - Hot drinks on the mountain and hot water for washing will be provided every day on the mountain.
- **Transportation:**
 - 2-way transfer to and from Kilimanjaro Airport.
 - 2-way transfer to and from the route gate(s).
- **Permits, Fees, Guides:**
 - All park fees, camping fees, rescue fees, and team fees.
 - Government taxes.
 - The adequate and appropriate number of guides, porters, & cooks for your trek.
 - Tanzania 18% VAT on tourism activities and park fees.
 - Kilimanjaro National Park rescue fees (Kilimanjaro Rescue Team).
 - Porter to carry your duffel bag, with a maximum weight of **15kg / 32 lbs**, from one camp to the next camp.
 - Salaries for the mountain support crew, as per required by MINISTRY OF TOURISM AND NATURAL RESOURCES and KPAP.
- **Other:**
 - Chief guide carries a Pulse Ox meter which is used to take blood-oxygen level readings of clients twice a day.
 - Sleeping mattress pad(s), dining tent(s), sleeping tent(s), and crew's equipment (dining tent and sleeping tent) for Kilimanjaro trek.
 - Portable toilets with a tent for the Kilimanjaro trek.
 - Emergency oxygen (for use in emergencies only – not as summiting aid).
 - Basic first aid kit (for use in emergencies only).
 - Kilimanjaro National Park certificate for your successful summit attempt.
 - Emergency evacuation covers with Kilimanjaro SAR helicopter (the climber must have insurance which covers up to 6000 meters above the sea level for this).
 - The climb is carbon offset, and you'll receive a certificate stating this.

EXCLUSIONS

- **Accommodation:**
 - Extra nights at the hotel (ask for pricing).
- **Meals:**
 - Any meals not mentioned in itinerary.
 - Drinks and beverages in hotel in Moshi.
- **Transportation:**
 - International flights to/from Tanzania.
- **Permits, Fees, Guides:**
 - Airport taxes (amount depends on where you're flying from).
 - Extra porter (personal porter) for excess gear: costs **\$30** per day.
 - Extra day on the mountain: you will need to pay **\$350** per person.
 - Single Supplement (Single Tent and Single Room) for the trip: costs **\$250** per person.
 - Tipping for the Mountain Crew

TIPPING RECOMMENDATION

- Guide - **\$15** to **\$20** per day.
 - Assistant Guide - **\$10** to **\$15** per day.
 - Cook - **\$10** to **\$15** per day.
 - Porters - **\$5** to **\$8** per day per porter.
- **Other:**
 - Visa.
 - Personal hiking/trekking gear – you can rent some of the gear in Tanzania.
 - Sleeping bag rental (Mountain Hardware Lamina, synthetic -30F): **\$50** per trip.
 - Snacks, personal medicine, and water purifying tablets.
 - Trekking poles rental, telescopic: costs **\$20** per trip.