

Detailed Itinerary

Trip Name: [14 days] Ladakh Cultural Tour & Sham "Baby Trek" (2021)

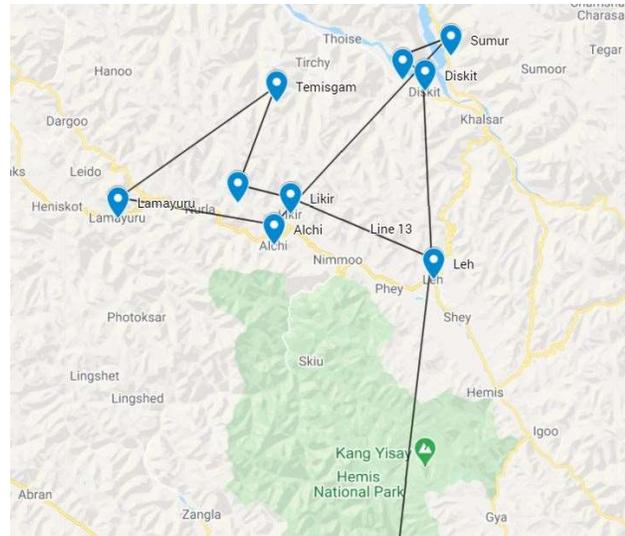
DAY BY DAY ITINERARY

Dates: Variable. Choose a start date on a Friday between May and September.

If you're dreaming about blending a cultural experience with a healthful nature escape, this is the trip for you. Buddhist monasteries, palaces, and the Himalayan mountain range is waiting.

Main Stops:

Delhi – Leh – Likir – Yangthang – Hemis Shukpachan– Temisgam – Lamayuru – Alchi – Sumur – Hunder – Diskit



About the Tour:

India is intoxicating and intimidating — with its teeming markets, crumbling old fortresses, quaint hill-stations, baking deserts, stunning coastlines, rain-soaked jungles, Taj Mahal, et al. Remarkable and colorful, India offers myriad journeys through time, cultures, languages, cuisines, and customs. From the Himalayas in Ladakh to Kerala's shores, India is spectacularly diverse, obscenely humongous, and deliriously pulsating. This is a "mobile glamping" trek – porters or pack animals will carry gear and food (and cook nutritious meals for you) – meaning you only need to carry daily necessities. We pride ourselves on sustainable, ethical, "leave no trace" travel. Explore this unique place on our adventure trekking tours in India!



Day 01: Delhi / Leh (elevation: 3,505m)

- Arrive in Delhi (Indira Gandhi International “IGI” Airport) and head straight to the domestic terminal for your flight* to Leh. Flight time is approximately 60-80 min.
- We'll arrange for someone to meet you at the airport and guide you to the domestic terminal – just tell us your flight information in advance.
- Acclimate to the altitude and recover from jet lag.

Accommodation: Hotel

Meals: None

*Domestic flights (round trip between Delhi and Leh) are not covered in the trip cost. Economy class airfare can cost from US\$60 to \$500, perhaps even higher each way. July and August are the busiest months. It is best to book the flights in advance.

Day 02: Leh

- In the morning, we'll visit the Leh Palace.
- In the afternoon, we'll visit Sankar Gompa (a monastery) and Shanti Stupa (a Buddhist monument).

Accommodation: Hotel

Meals: Breakfast

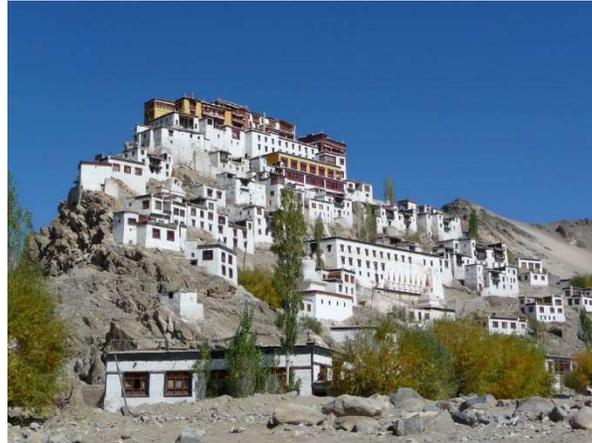


Day 03: Indus Valley

- After breakfast, we'll do a day excursion to the Indus Valley visiting the Shey Palace, the Thikse Monastery, and the Hemis Monastery.

Accommodation: Hotel

Meals: Breakfast



Day 04: Leh / Likir (elevation: 3,500m) / Yangthang (elevation: 3,600m). Baby trek begins.

- Drive about 60 km/2 hours to Likir and visit the Likir Monastery.
- We will begin our 4-day trek in the late afternoon and hike for 4-5 hours to the village of Yangthang, over Pobe La (elevation: 3,550m) and Charatse La (elevation: 3650m).
- Note: "La" means "pass" in Ladakhi.

Accommodation: Tent or guesthouse

Meals: Breakfast, Lunch, Dinner



Day 05: Yangthang / Rizong / Yangthang

- From Yangthang, we'll do a daytime excursion to the Rizong Monastery and then return to Yangthang village.

Accommodation: Tent or guesthouse

Meals: Breakfast, Lunch, Dinner

Day 06: Yangthang / Hemis Shukpachan (elevation: 3,600m)

- Trek for 3-4 hours from Yangthang to the village of Hemis Shukpachan over Sermangchan La (elevation: 3,750 m). This is our highest trekking altitude during the trek.

Accommodation: Tent or guesthouse

Meals: Breakfast, Lunch, Dinner



Day 07: Hemis Shukpachan / Temisgam (elevation: 3,200m). Baby trek ends.

- We trek from Hemis Shukpachan for 4-5 hours, over Lago La (elevation: 3,750m) to Temisgam. We again will reach our maximum altitude when we cross over the pass.
- The trek ends in Temisgam.

Accommodation: Tent or guesthouse

Meals: Breakfast, Lunch, Dinner

Day 08: Temisgam / Lamayuru / Alchi

- Today we drive from Temisgam to Lamayuru and then Alchi, a total drive time of about 5hrs (125km). The vehicle will be a non-air-conditioned Jeep.

Accommodation: Tent or guesthouse

Meals: Breakfast, Lunch, Dinner

Day 09: Alchi / Leh

- After breakfast, we drive from Alchi to Leh – 69 km/2 hours.
- On the way, we'll visit the Phey Monastery – this will take about 1 hour.

Accommodation: Hotel

Meals: Breakfast

Day 10: Leh / Sumur (Nubra Valley)

- After breakfast, we'll drive from Leh for about 6 hours to Sumur, the largest village in the Nubra Valley. The vehicle will be a non-air-conditioned Jeep.
- On this drive, we'll go over the Khardung La (elevation: 5,600m) – our Indian friends love to call it the "highest motorable road."

- Spend the afternoon visiting the Sumur Monastery.

Accommodation: Deluxe tent

Meals: Breakfast, Lunch, Dinner

Day 11: Sumur / Hunder / Diskit / Sumur

- After breakfast, we'll drive to the village of Hunder to visit the Hunder Monastery
- Then we'll visit Bactrian (double humped) camels at a breeding farm in the village of Diskit. These camels were abandoned in the Ladakh region years ago when the Silk Road closed. They were on the brink of extinction; tourism has helped revive them.
- We'll return to Hunder.

Accommodation: Deluxe tent

Meals: Breakfast, Lunch, Dinner

Day 12: Sumur / Leh

- After breakfast, we drive back through Sumur to Leh for dinner and overnight stay. Drive time is about 6 hours.
- We arrive in Leh in the afternoon; there will be free time to explore on your own.

Accommodation: Hotel

Meals: Breakfast



Day 13: Leh / Delhi

- Take an early morning flight to Delhi.
- Arrive and transfer to the hotel**.
- Evening farewell dinner or take the airport transfer to IGI for your flight back to your country.

Accommodation: Hotel

Meals: None

**Hotel for 1 night in Delhi is not covered in the trip cost. The cost of a hotel room in Delhi ranges from US\$50 to a couple of hundred dollars, depending on the standard chosen.

Day 14: Departure day

- Take the airport transfer from the hotel to IGI and fly back to your country.
- You can also extend your trip to add on Agra or other sites from here.



PRICING

Tour cost:

- \$2300 USD per person for the small-group trek
- \$3450 USD per person for a private trek (requires a minimum of 4 people to book)

***BOOK WITH CONFIDENCE:** To reserve your spot on a tour, a \$500 deposit will be required. However, you can book with complete peace of mind as this deposit will be 100% refundable until 3 months prior to the trip start date.

*Cancellation Policy:

Cancellation will take effect only after the receipt of a written confirmation and cancellation fees will apply as follows:

- **More than 90 days before departure** – fully refundable
- **More than 60 days before departure** – we'll refund you the tour cost minus the deposit
- **Between 60-30 days before departure** - we'll refund you 50% of tour cost
- **Within 30 days of departure date** - no refund is possible

We will not be responsible for / compensate if:

- The tour is canceled due to natural calamities or political unrest.
- You choose to leave the tour/trek after it has started, be it of your own will or due to ill health or medical emergency. A cover letter will be provided to help facilitate your claim through your insurance company.

If minimum numbers to operate a tour are not reached, we reserve the right to cancel the trip and advise you of this no later than 28 days before departure. We will refund all

payments made to us but will not be liable for any claims made by you or for additional costs incurred by you.

INCLUSIONS

- **Accommodation:** All accommodation
 - Hotel/camp/tenting accommodation in Ladakh with breakfast, lunch, and dinner (i.e. Day 2-13).
 - Camping tents will be 'A' shaped Alpine tents. We'll use these during the baby trek (Days 4-7) and they will come with mattresses. Tents are 3 person tents, but we'll only have 2 guests in each tent. *Solo travelers will be paired with somebody of the same gender or be by themselves if we have an odd number of guests.*
- **Meals:**
 - All meals mentioned in the itinerary.
 - Filtered water throughout the trek (Days 4-10). Our method doesn't create any extra plastic bottle waste. Please bring your own reusable water bottle.
- **Transportation:**
 - Transportation includes all arrivals, departures, pick-up/drop-off, and sightseeing.
 - We'll be using non-air-conditioned Jeeps in Ladakh (Days 2-13) & air-conditioned private coaches in Delhi.
- **Permits, Fees, Guides:**
 - Inner line permit for the Nubra region (**please send passport detail & photos 30 days in advance**)
 - Expert trek leader
 - Entrance fees to monasteries in Ladakh
 - English speaking local guide in Ladakh during the sightseeing days
 - Local trekking guide
- **Other:**
 - Trekking chef and chef's assistants
 - Kitchen and dining tents
 - Porters to carry all camping gear, food, and equipment – such as alpine folding stools, tables, a mobile kitchen, etc.
 - Ponies for carrying luggage and gear
 - Toilet tent (like a screen that gives you privacy)
 - Assistance on arrival & departure transfers

EXCLUSIONS

- **Accommodation:**
 - Hotel in Delhi on Day 13. The cost of a hotel room in Delhi ranges from US\$50 to a couple of hundred dollars, depending on the standard chosen.
- **Meals:**
 - Filtered water outside of the trekking days.
- **Transportation:**
 - Flights to/from India
 - Domestic roundtrip flights between Delhi and Leh. Economy airfare can cost from US\$60 to \$500, perhaps even higher each way. July and August are the busiest months. It is best to book the flights in advance.
- **Permits, Fees, Guides:**
 - Passport/visa fees
- **Other:**
 - Airport tax
 - Tips (suggested amount US\$75 per week for staff only; leader's tips at your discretion)
 - Any activities not mentioned in Detailed Itinerary
 - Riding horse during the trek
 - Travel insurance (mandatory)
 - Personal bills like drinks, bar & beverages, tips, telephone, laundry, any additional and optional trips than the above, etc.
 - Anything else not mentioned as included